

Danson Primary School



Physical Education Policy

Nurture-Believe-Inspire Achieve

Danson Primary School

PE Policy

Aim:

At Danson Primary School we are passionate about the importance of Physical Education (PE) as part of a broad and balanced curriculum. We challenge our children to continually develop and improve their knowledge and understanding through a skills based curriculum. The children are provided with one lesson led by our specialist Sports Instructor and one lesson taught by their class teacher. Using Complete PE, children learn a wide range of activities developing both the physical and social elements of this subject.

Our school is the proud recipient of the Platinum Sports Games Mark Award and we give the subject a high profile throughout all key stages. It recognises that Danson Primary school offers a wide variety of activities, competitions and opportunities for physical activity at all levels.

The aim of our PE curriculum is to ensure all children have the opportunity to take part in a variety of sporting activities. We encourage them to work at their own pace and challenge themselves throughout. Adding to this, we also provide a variety of enrichment clubs for all children to access

Objectives:

We follow the objectives of the PE national curriculum in that our pupils will:

- Develop competence to excel in a broad range of physical activities
- Be physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives.

Planning:

At Danson Primary School, we deliver quality-first teaching and learning experiences for children in PE which enables children to know more and remember more about the subject. Teachers plan and deliver lessons that make the most of our extensive field and outdoor space as well as our indoor spaces and equipment, including our gymnastics apparatus. PE skills are progressively built upon and revisited regularly so that children reflect upon previous knowledge and understanding and apply this to new learning and experiences.

Progression:

Our PE curriculum covers a variety of skills which are taught to pupils throughout their time at Danson Primary School. These skills are taught through a range of different strands and include all the core elements of the National Curriculum.

EYFS

Our Foundation Stage children learn PE from the first week of school and begin to develop both their gross and fine motor skills. They explore how to use a range of equipment and develop the basic skills that are needed for their PE journey at Danson. These are also embedded within the curriculum and form part of the Early Learning Goal of Physical development.

This includes:

- To move freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.
- To mount stairs, steps or climbing equipment using alternate feet.
- To walk downstairs, two feet to each step while carrying a small object.
- To run skilfully and negotiate space successfully, adjusting speed or direction to avoid obstacles.
- To stand momentarily on one foot when shown.
- To catch a large ball.

KS1

The Key Stage 1 curriculum is based around 7 core themes (Ball skills, dance, gymnastics, health and wellbeing, locomotion, team building and game sense skills). The skills in Key stage 1 are vital for their age and are built on as they progress through the school.

These include:

- Basic movements including running, jumping, throwing and catching.
- Developing balance, agility and coordination, and begin to apply these in a range of different activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

LKS2

Lower Key Stage 2 is arranged into 6 themes (Athletics, Dance, Games, Gymnastics, Outdoor Adventure Activities, health, wellbeing and mindfulness). Lower Key Stage 2 continues to master the skills from KS1 and apply these across a range of sports.

The skills include:

- Use running, jumping, throwing and catching in isolation and in combination.
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance.
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

UKS2

Upper Key stage 2 is arranged into 6 themes (Athletics, Dance, Games, Gymnastics, Outdoor Adventure Activities, health related fitness). The children in Year 5 and Year 6 children continue to master the skills learnt previously and apply them within a variety of games scenarios. We aim to encourage connections across the games.

In addition to this, Year 5 are offered swimming lessons for a whole term. Using our Sports Premium money, we have organised three coaches so that the children are taught in targeted groups, which are monitored by the PE lead.

The aim of these lessons are:

- To be able to swim over 25m
- To be able to use a range of strokes
- To perform safe self-rescue

At both the beginning and the end of the term of swimming, the children are assessed against the criteria above. For any children who have not achieved this, are offered an additional top up session in year 6.

OAA (Outdoor Adventurous Activities)

OAA is an essential unit of the PE curriculum. As a unit, it highlights the need for children to explore the outdoors and develop a range of physical skills they might not be able to indoors. Realising how important OAA is, here at Danson we have utilised the outside space that the children have access to by installing an orienteering course within the school grounds. Using these facilities, the children develop a range of different skills within an outside environment such as map reading skills, physical fitness, compass work, mental alertness and decisiveness. It also works alongside our geography field skills units of work.

Recording and Assessment:

PE assessment is done by various methods including observations and formative assessments throughout the lesson and across the term.

Formative assessment or 'ongoing' assessments that take place throughout their PE lessons. Children are provided a variety of opportunities where they can give constructive feedback to themselves and others. Teachers also assess their tactical awareness, skills and social elements within these lessons as well as any connections the children can make with previous learning. This information then supports future learning needs, describes students' progress, and determines their strengths and areas of development for class and cohort.

At Danson we use Complete PE for summative assessment. This is an overall assessment which takes place at the end of a unit. It is also described as 'Assessment of Learning' as it provides a synopsis of students' levels of attainment and progress at the end of a specified interval.

Enriching the PE Curriculum

The School Games Mark is a Government-led award scheme that was launched in 2012 and is facilitated by the Youth Sports Trust. It is designed to reward and recognise school engagement (provision and uptake) in the School Games against a national benchmark and to celebrate keeping young people active.

As a school, we are committed to using School Games to engage young people who haven't previously been active or represented our school to ensure positive experiences in school and beyond. We also believe in the power of physical activity and give opportunities for these young people to be a participant, leader or official.

We are delighted that Danson Primary School achieved Platinum status in the School Games Mark Award school. This is due to the dedication and commitment of our pupils and staff. We have determined a community who believe in the different aspects of physical activity and school sports.

Outside of normal PE lessons, we have arranged a full competitive sporting programme. Children have the opportunity to attend a wide variety of clubs in each year group, alongside the competitive sports programme. As with all sporting opportunities, we encourage a positive social attitude towards team games enabling the children to understand the importance of teamwork and cooperation.

The children have an opportunity to try different physical activities after school that are run by both the school and outside agencies. This year, we have run clubs such as:

- Glow in the dark dodgeball
- Team sports
- Basketball
- Hockey
- AW football
- Dance
- Multiskills.

In year 5 and 6, the children have opportunities to represent the school at various abilities.

This year, we have attended:

- The girls try-out rugby event
- Boys and girls Tag-rugby festival,
- Boys and Girls cricket
- Bexley Borough football for boys and Girls (A and B teams).
- Charlton Athletic Community sports shield
- Netball games against other schools.
- Bexley swimming gala
- Just for Fun Targeted programmes including Handball, Dodgeball and basketball.

Uniform

Children have a PE day once within the week where they wear their PE kit in line with our Uniform Policy. As part of this, pupils are not permitted to wear jewellery or watches for health and safety reasons.

Pupils who attend swimming lessons must adhere to the uniform expectations of the leisure centre, which includes wearing a swimming hat for every session, one-piece swimming costumes (no bikinis or tankinis) and trunks or short shorts (no longer shorts due to risks).

Staff teaching PE must wear a tracksuit and trainers during the PE lesson, with no jewellery and long hair must be tied up.

Health and Safety

Health and Safety is a crucial element of PE and so we have put the following steps in to place to ensure the safety of our pupils and staff:

- Risk assessments are carried out for tasks where necessary and safeguarding procedures are followed for clubs, visitors and activities off site of Danson Primary School.
- Pupils and staff are trained in how to use and handle any PE equipment appropriately. Staff and pupils are expected to report any defects with equipment immediately (pupils to their teacher, staff to the PE coordinator and/ or premises manager).
- Pupil support assistants attend PE lessons to support the teaching and learning but also to administer any first aid required. This is recorded following our Health and Safety Policy.

When planning PE, the following guidelines support our risk assessments:

- Safer Schools Swimming Procedures (Parkwood Leisure on behalf of Bexley)
- Safe Practice in Physical Education, School Sport and Physical Activity (AfPE, 2016)

Roles and Responsibilities

All stakeholders work together to ensure the implementation of the PE Policy.

The Governing Body will:

- Ensure there is a link governor responsible for PE, who will meet regularly with the subject lead.
- Ensure arrangements for teaching and learning of PE are regularly reviewed and agreed, including provision for funds for resources.

The Headteacher will:

- Determine the ways PE enriches and extends the wider curriculum at Danson.
- Provide a budget for PE resources.
- Work alongside the PE subject lead to support staff in the teaching and learning of the subject;

- Ensure the subject leader is able to monitor PE through lesson observations, work scrutiny and pupil voice.
- Report to governors about progress made in PE and the allocation of Sports Premium.

The PE Subject Leader will:

- Support and motivate teachers and colleagues in the teaching and learning of PE.
- Provide subject knowledge and expertise in the PE curriculum.
- Promote cross-curricular links between PE and the wider curriculum.
- Enrich the curriculum with activities associated with PE, such as organising fieldwork and trips to museums.
- Develop and monitor assessments of the subject.
- Manage the provision of resources.
- Keep up to date with any developments in the teaching of PE.
- Monitor the quality of education of PE across school.
- Contribute to staff professional development in PE.
- Create, follow and evaluate an annual action plan in line with any school development priorities.
- Liaise with the link governor regularly about PE updates.
- Monitor the budget linked to Sports Premium.

The Class Teacher will:

- Ensure the PE curriculum is taught in line with the national curriculum
- Record and assess pupils' work and progress in PE.
- Seek professional development where necessary.
- Update the PE subject leader of any issues with equipment or resources.
- Work alongside the subject lead and SLT to report on children's outcomes in the subject.

Policy Owner	PE Subject Leader
Approver	Deputy Head Teacher and Head Teacher
Date Approved	April 2024
Next Review	April 2025