



***Nurture-Believe-Inspire-
Achieve***

**Danson
Primary
School**

Pupil Allergy Policy

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1. Aims

This policy aims to:

- Set out our school's approach to allergy management, including reducing the risk of exposure and the procedures in place in case of allergic reaction
- Make clear how our school supports pupils with allergies to ensure their wellbeing and inclusion
- Promote and maintain allergy awareness among the school community

2. Legislation and guidance

This policy is based on the Department for Education (DfE)'s guidance on [allergies in schools](#) and [supporting pupils with medical conditions at school](#), the Department of Health and Social Care's guidance on [using emergency adrenaline auto-injectors in schools](#), and the following legislation:

- [The Food Information Regulations 2014](#)
- [The Food Information \(Amendment\) \(England\) Regulations 2019](#)

3. Roles and responsibilities

We take a whole-school approach to allergy awareness.

3.1 Allergy lead

The nominated allergy lead is the School Business Manager alongside the School Office Team and Catering Company

They're responsible for:

- Promoting and maintaining allergy awareness across our school community
- Recording and collating allergy and special dietary information for all relevant pupils
- Ensuring:
 - All allergy information is up to date and readily available to relevant members of staff
 - All pupils with allergies have an allergy action plan completed by a medical professional alongside parents
 - All staff receive an appropriate level of allergy training
 - All staff are aware of the school's policy and procedures regarding allergies
 - Relevant staff are aware of what activities need an allergy risk assessment-See Appendix 1
- Keeping stock of the school's adrenaline auto-injectors (AAIs)
- Regularly reviewing and updating the allergy policy

3.2 School nurse

The school nurse is responsible for:

- Liaising with the school regarding the paperwork and information from families
- Liaising with the school regarding medication with families
- Checking spare AAIs are in date
- Any other appropriate tasks delegated by the allergy lead

3.3 Teaching and support staff

All teaching and support staff are responsible for:

- Promoting and maintaining allergy awareness among pupils
- Maintaining awareness of our allergy policy and procedures
- Being able to recognise the signs of severe allergic reactions and anaphylaxis
- Attending appropriate allergy training as required
- Being aware of specific pupils with allergies in their care
- Carefully considering the use of food or other potential allergens in lesson and activity planning
- Ensuring the wellbeing and inclusion of pupils with allergies

3.4 Parents/carers

Parents/carers are responsible for:

- Being aware of our school's allergy policy
- Providing the school with up-to-date details of their child's medical needs, dietary requirements, and any history of allergies, reactions and anaphylaxis
- If required, providing their child with 2 in-date adrenaline auto-injectors and any other medication, including inhalers, antihistamine etc., and making sure these are replaced in a timely manner
- Carefully considering the food they provide to their child as packed lunches and snacks, and trying to limit the number of allergens included
- Following the school's guidance on food brought in to be shared
- Updating the school on any changes to their child's condition

3.5 Governors

The school will have a link governor who works alongside the Allergy Lead and Head Teacher in relation to practice and procedures.

3.6 Pupils with allergies

These pupils are responsible for:

- Being aware of their allergens and the risks they pose
- Understanding how and when to use their adrenaline auto-injector
- If age-appropriate, carrying their adrenaline auto-injector on their person and only using it for its intended purpose

3.6 Pupils without allergies

These pupils are responsible for:

- Being aware of allergens and the risk they pose to their peers

4. Assessing risk

The school will conduct a risk assessment for any pupil at risk of anaphylaxis taking part in:

- Lessons such as food technology
- Science experiments involving foods
- Crafts using food packaging
- Off-site events and school trips
- Any other activities involving animals or food, such as animal handling experiences or baking

A risk assessment for any pupil at risk of an allergic reaction will also be carried out where a visitor requires a guide dog.

5. Managing risk

5.1 Hygiene procedures

- Pupils are reminded to wash their hands before and after eating
- Sharing of food is not allowed
- Pupils have their own named water bottles

5.2 Catering

The school is committed to providing safe food options to meet the dietary needs of pupils with allergies.

- Catering staff receive appropriate training and are able to identify pupils with allergies
- School menus are bespoke to pupils who have individual allergy needs that is available for parents/carers to view with ingredients clearly labelled
- Where changes are made to school menus, we will make sure these continue to meet any special dietary needs of pupils
- The catering company follow all [legal requirements](#) that apply to naming the food and listing ingredients, as outlined by the Food Standards Agency (FSA)
- Catering staff follow hygiene and allergy procedures when preparing food to avoid cross-contamination
- Allergy band system is in operation for lunchtimes.
- Members of school staff are specifically designated present allergy pupils in the canteen to the catering staff.
- Our catering company ensure we have nut free meals.

5.3 Food restrictions

We acknowledge that it is impractical to enforce an allergen-free school. However, we would like to encourage pupils and staff to avoid certain high-risk foods to reduce the chances of someone experiencing a reaction. These foods include:

- Packaged nuts
- Cereal, granola or chocolate bars containing nuts
- Peanut butter or chocolate spreads containing nuts
- Peanut-based sauces, such as satay
- Sesame seeds and foods containing sesame seeds

If a pupil brings these foods into school, they may be asked to eat them away from others to minimise the risk, or the food may be confiscated.

5.4 Insect bites/stings

When outdoors:

- Shoes should always be worn
- Food and drink should be covered

5.5 Animals

- All pupils will always wash hands after interacting with animals to avoid putting pupils with allergies at risk through later contact
- Pupils with animal allergies will not interact with animals
- The school dog will receive regular veterinary checks, vaccinations, flea and worm treatments in accordance with veterinary advice.
- The dog will be groomed regularly and kept clean.

5.6 Support for mental health

Pupils with allergies will have additional support through:

- Pastoral care
- Regular check-ins with their class teacher

5.7 Events and school trips

- For events, including ones that take place outside of the school, and school trips, no pupils with allergies will be excluded from taking part
- The school will plan accordingly for all events and school trips, and arrange for the staff members involved to be aware of pupils' allergies and to have received adequate training
- Appropriate measures will be taken in line with the schools AAI protocols for off-site events and school trips (see section 7.5).

6. Procedures for handling an allergic reaction

6.1 Register of pupils with AAI's (Adrenaline auto-injectors)

- The school maintains a register of pupils who have been prescribed AAI's or where a doctor has provided a written plan recommending AAI's to be used in the event of anaphylaxis. The register includes:
 - Known allergens and risk factors for anaphylaxis
 - Whether a pupil has been prescribed AAI(s) (and if so, what type and dose)
 - Where a pupil has been prescribed an AAI, whether parental consent has been given for use of the spare AAI, which may be different to the personal AAI prescribed for the pupil
 - A photograph of each pupil to allow a visual check to be made
 - The whole school register for anaphylaxis is kept in the school office and in the canteen, with specific class registers being placed in contextual folders that can be checked quickly by any member of staff as part of initiating an emergency response

6.2 Allergic reaction procedures

- As part of the whole-school awareness approach to allergies, all staff are trained in the school's allergic reaction procedure, and to recognise the signs of anaphylaxis and respond appropriately
- Staff are trained in the administration of AAI's to minimise delays in pupil's receiving adrenaline in an emergency
- If a pupil has an allergic reaction, the staff member will initiate the school's emergency response plan, following the pupil's allergy action plan
 - If an AAI needs to be administered, a member of staff will use the pupil's own AAI, or if it is not available, a school one
- If the pupil has no allergy action plan, staff will follow the school's procedures on responding to allergy and, if needed, the school's normal emergency procedures.

If Anaphylaxis is suspected an ambulance will be called immediately. Staff will follow the instruction of the call handler. Office staff will contact the parent/guardian of the child and ask them to come into school ASAP.

- A school AAI device will be used instead of the pupil's own AAI device if:
 - Medical authorisation and written parental consent have been provided, or
 - The pupil's own prescribed AAI(s) are not immediately available (for example, because they are broken, out-of-date, have misfired or been wrongly administered)
- If a pupil needs to be taken to hospital, two members of staff will stay with the pupil until the parent/carer arrives, or accompany the pupil to hospital by ambulance
- If the allergic reaction is mild (e.g. skin rash, itching or sneezing), the pupil will be monitored and the parents/carers informed

7. Adrenaline auto-injectors (AAIs)

7.1 Purchasing of spare AAIs

The allergy lead is responsible for buying AAIs and ensuring they are stored according to the guidance

- The AAIs will be sourced from Eureka Medical Supplies
- The school will have 4 AAIs, 2 with dosage of 150mg and 2 with dosage of 300mg
- Jext brand of AAI are purchased
- The dosage required (based on Resuscitation Council UK's age-based criteria, see page 11 of [the guidance](#))

7.2 Storage (of both spare and prescribed AAIs)

The allergy lead will make sure all AAIs are:

- Stored at room temperature (in line with manufacturer's guidelines), protected from direct sunlight and extremes of temperature
- Kept in a safe and suitably central location to which all staff have access at all times, but is out of the reach of children
- **Not** locked away, but accessible and available for use at all times
- **Not** located more than 5 minutes away from where they may be needed
- **Pupils in Year 6 will carry their AAI's from the summer term as part of their transition and readiness to move to secondary school.**
- Spare AAIs will be kept separate from any pupil's own prescribed AAI, and clearly labelled to avoid confusion.

7.3 Maintenance (of spare AAIs)

School Business Manager and Senior Office Administrator are responsible for checking that:

- The AAIs are present and in date
- Replacement AAIs are obtained when the expiry date is near

7.4 Disposal

AAIs can only be used once. Once an AAI has been used, it will be disposed of in line with the manufacturer's instructions

7.5 Use of AAIs off school premises

- All personal AAI's will be taken on school trips.

- Staff will be nominated as the key person to carry AAI's based on for pupils' age appropriateness.
- In the case of emergency and an AAI is required, staff will follow the individual child's plan and act accordingly.

They will contact the school, who will contact the parent/guardian to advise them of the situation and share details of which hospital the child will be attending. A staff member will accompany the child and stay with them until a parent/guardian arrives.

7.6 Emergency anaphylaxis kit

The school holds an emergency anaphylaxis kit, it is located in the canteen, in extreme weather (above 25 degrees) the kit will be removed and stored in the PPA room. The kit includes:

- Spare AAIs
- Instructions for the use of AAIs
- Instructions on storage
- Manufacturer's information
- A checklist of injectors, identified by batch number and expiry date with monthly checks recorded
- A note of arrangements for replacing injectors
- A list of pupils to whom the AAI can be administered
- A record of when AAIs have been administered

8. Training

The school is committed to training all staff in allergy response. This includes:

- How to reduce and prevent the risk of allergic reactions
- How to spot the signs of allergic reactions (including anaphylaxis)
- The importance of acting quickly in the case of anaphylaxis
- Where AAIs are kept on the school site, and how to access them
- How to administer AAIs
- The wellbeing and inclusion implications of allergies
- Training will be carried out annually by the allergy lead and bi annually by the school nurse

9. Links to other policies

This policy links to the following policies and procedures:

- Health and safety policy
- Supporting pupils with medical conditions policy

Public Information

Copies of this policy will be available to the public from the School Office.

Date agreed: June 2026

Date Reviewed: September 2026

Next Review: June 2028

Head Teacher: L Casey

Chair Of Governors: H Mash

Appendix 1-Activities that may require an Allergy Risk Assessment

Food-Based Activities

- Baking and cooking lessons
- Food technology
- Taste testing
- DT food projects
- Class parties and celebrations
- Birthday treats
- PTA cake sales and refreshments
- Cultural food events
- Breakfast clubs and after-school clubs serving food
- Fundraising involving food

Animal Activities

- School dogs
- Animal visits (farm animals, reptiles, birds, etc.)
- Petting zoos
- Hatching chicks
- Forest School activities involving animals

Outdoor Activities

- Forest School
- Gardening
- Nature walks
- Pond dipping
- Visits to farms, parks and wildlife centres
- Activities during high pollen seasons
- Areas with increased risk of insect stings (bees, wasps)

Craft and Curriculum Activities

- Playdough (if homemade)
- Salt dough
- Papier-mâché
- Finger paints
- Sensory trays containing food products
- Seed planting
- Science investigations using food ingredients
- Slime making
- Art materials containing natural products

Science Activities

- Plant investigations
- Mould experiments
- Food science
- Use of latex balloons (where latex allergy is a concern)

Trips and Educational Visits

- Residential visits

- Farm visits
- Zoo visits
- Restaurants
- Museums with workshops involving food
- Outdoor activity centres
- Any venue where food is provided

Medical and Personal Care

- Administration of medication
- Use of plasters or gloves (latex-free alternatives)
- First aid provision
- Personal care for pupils with intimate care needs

Environmental Considerations

- Classroom plants
- Fresh flowers
- Bird feeders
- Compost areas
- Cleaning products
- Air fresheners
- Scented resources