

## Managing Screenshot Workshop

15/03/24

### Danson School Workshop Evaluation Feedback

Purple Parenting and Training CIC delivered an Understanding Anxiety and Building Resilience Workshop to 19 parents. All completed an evaluation form and the feedback was really positive, we have included some feedback below.

#### What overall rating would you give the workshop?



From options Excellent, Very Good, Good, Fair or Poor.

#### Would you recommend this workshop to others? Why?

All stated that they would recommend the workshop.

"I would definitely recommend this workshop because it has given me knowledge about how to interact with my little ones when they have screentime and how I can have boundaries around it."

"Very insightful resources and engaging chats to brainstorm how best to manage kids screentime, which is very much appreciated. Thank you!!!"

"Helpful, gives good tips on managing screentime."

"Opens up useful conversation with other parents and share tools to manage real life situations."

"Practical tips and comforting to know that the struggles in our home are common."

"I would recommend it because the workshop covered comprehensive topics, positive and negatives. Everything was great and the workshop encouraged participation."

#### Is there anything you would change about the workshop?

10 did not feel there needed to be any change. 9 parents felt more time would help to enable more questions and answers, to have more interaction and time to discuss and think of strategies with other parents. 1 parent felt it 'would have been good to talk about ADHD/Autism with respect to amplifying screentime issues.', 1 felt more on online risks and the impact on eyesight.

#### Any further comments?

"I have to change myself first."

"Excellent speakers, very engaging."

"Thank you so much for your valuable time, expertise and knowledge."

"Thank you so much for curating workshop. I am feeling good now as I have ideas to deal with them."

"I would like to say to the school to give more homework and study materials to kids not online materials, not online power point material."