**Danson Primary School**

**Coffee Morning**



**Please join us at school for a workshop on**

**Sleep Support**

**with guests Michelle and Sarah from Purple Parenting.**

**Friday 17th May 2024 at 9-10.30am**

All parents and carers are welcome to attend this **FREE** event which will be held at school. Join us for a relaxed, informal workshop where we will be looking at getting a better understanding of sleep, the difficulties and challenges, nightmares/ night terrors and strategies to encourage better sleep.

To book your space please click on the google form below and register your details!

[Registration Link](https://docs.google.com/forms/d/e/1FAIpQLSdp7VfRVrps9zmtfuuKgWm6zHgzfPNSrAPXkI8fv3VCPCWazQ/viewform?usp=sf_link)



